

Chicken Wings

Buffalo Style

a traditional sauce that made buffalo N.B. famous. mild, medium, hot or for the daring: wings of death for the insane: beyond wings of death

Rochester

a sweet and spicy sauce shipped direct from Rochester N.Y. mild, medium, hot or extra hot

Honey Ginger

a spicy honey ginger sauce

BBQ

Our house made recipe

Order of 12	\$9.95
Order of 24	\$16.95
Bucket of 40	\$25.95
Boneless Wings Order of 5	\$10.95
Boneless Wings Order of 10	\$17.95

Chicken Sandwiches

Grilled Chicken Sandwich \$7.95

Our marinated and flame grilled chicken, topped with lettuce and tomato on a sesame roll

Buffalo Chicken Sandwich \$8.75

our grilled chicken topped with hot sauce, lettuce and tomato on a sesame roll.
Served with a side of house made bleu cheese dressing.

Honey Mustard Chicken \$8.50

our grilled chicken topped with house recipe honey mustard on a sesame roll

Honey Ginger \$8.50

grilled chicken topped with honey ginger sauce, red onion, lettuce and tomato on a sesame roll

Country Club Chicken \$8.95

grilled chicken topped with Canadian bacon, cheddar, lettuce, tomato and herb mayo on a sesame roll

Chicken Parmesan \$9.95

chicken tenders lightly breaded and deep fried on a fresh grinder roll with melted provolone and our own marinara

Chicken Tender Sandwich \$9.50

our breaded and lightly fried chicken tenders on your choice of a grinder or wrap with any of our build your own sandwich toppings

Kicken' Chicken Club \$9.95
Breaded chicken tenders on a triple Decker of marble rye toast with lettuce, tomato, mayo and crisp bacon.

Burgers

Steak Burger \$5.50
a 6 oz. sirloin steak burger char broiled, topped with lettuce & tomato

Cheese Burger \$6.50
same as above with American cheese

Double Cheese Burger \$8.50
twice as good as a cheese burger

BBQ Bacon Cheddar Burger \$8.50
our cheeseburger topped with bacon, Vermont cheddar and smokey bbq sauce

Delicatessen Build Your Own Sandwich

Meats \$9.25
turkey breast, roast beef, honey baked ham, tuna

Cheeses
provolone, cheddar, Swiss, American

Toppings
lettuce, tomatoes, red onions, sprouts, peppers, olives, hot peppers, roasted red peppers Add bacon for \$1.50

BLT \$7.50
crisp bacon piled high on toasted white, with lettuce, tomato, mayo

Turkey Club \$9.95
a triple decker of turkey breast, crisp bacon, lettuce, tomato, mayo on toasted marble rye

Grilled Cheese \$3.95

Deluxe Grilled Cheese \$4.95

Vegetarian

Falafel \$8.95
our own homemade falafel in a tomato wrap with cucumber, lettuce, tomato, sprouts and our own tahini dressing

Veggie Melt \$7.95
fresh veggies blended with three cheeses in a spinach wrap

- Veggie Burger \$6.95
a veggie patty topped with cheddar, roasted peppers, and herb mayo on a hard roll.

- Hummuswich \$8.95
our homemade hummus wrapped in a spinach wrap with assorted veggies.

- Garden Bagel Melt \$6.95
a New York style bagel with fresh spinach, roasted peppers, tomato topped with melted provolone

- Bagel Melt \$4.95
a New York style bagel with tomato and melted provolone cheese.

Salads

- Garden Salad
A blend of crisp romaine and mesculin greens. Small 4.95 Large 6.95
- Classic Caesar \$6.95
crisp romaine topped with grated Parmesan and homemade croutons
- Chicken Caesar Salad \$9.25
Crisp romaine lettuce with grilled chicken, shredded parmesan cheese, and croutons with Caesar dressing
- Turkey Chef \$9.25
our large garden salad topped with turkey breast and a blend of cheeses
- Tuna Salad \$9.25
our large garden salad topped with lightly seasoned tuna salad
- Falafel Salad \$8.95
a large garden salad topped with our homemade falafel and our own freshly made tahini dressing
- Dressings
bleu cheese, fat free ranch, raspberry vinaigrette, ranch, Caesar, Italian, Lite Italian, Honey Dijon

Side Orders

- French Fries \$3.65
- Spicy Fries \$3.65
- Fried Mozzarella Sticks
small (6) \$7.25 large (12) \$8.95
- Chicken Tenders
small (4) \$7.95 large (6) \$10.95

Hummus	\$5.95
our own fresh hummus served with pita wedges	
Veggie Platter	\$8.50
an assortment of carrots,broccoli,celery,and cucumber with your choice of dressing	
Mediterranean Sampler	
4oz. cup of hummus, 4 falafel,and pita wedges	
American Sampler	\$9.95
(2) chicken tenders, (3) mozzarella sticks, plus spicy fries	
Soup	\$4.75
Celery & Bleu Cheese	\$3.25