

## Chicken Wings

### Buffalo Style

a traditional sauce that made buffalo N.B. famous. mild, medium, hot or for the daring: wings of death for the insane: beyond wings of death

### Rochester

a sweet and spicy sauce shipped direct from Rochester N.Y. mild, medium, hot or extra hot

### Honey Ginger

a spicy honey ginger sauce

Order of 12 .....	\$8.25
Order of 24 .....	\$15.50
Bucket of 40.....	\$23.50
Boneless Wings Order of 5 .....	\$8.25
Boneless Wings Order of 10.....	\$15.50

## Chicken Sandwiches

Grilled Chicken Sandwich ..... \$7.50  
Our marinated and flame grilled chicken, topped with lettuce and tomato on a sesame roll

Buffalo Chicken Sandwich ..... \$7.95  
our grilled chicken topped with hot sauce, lettuce and tomato on a sesame roll. Served with a side of house made bleu cheese dressing.

Honey Mustard Chicken ..... \$7.95  
our grilled chicken topped with house recipe honey mustard on a sesame roll

Honey Ginger ..... \$7.95  
grilled chicken topped with honey ginger sauce, red onion, lettuce and tomato on a sesame roll

Country Club Chicken ..... \$8.25  
grilled chicken topped with Canadian bacon, cheddar, lettuce, tomato and herb mayo on a sesame roll

Chicken Parmesan ..... \$8.50  
chicken tenders lightly breaded and deep fried on a fresh grinder roll with melted provolone and our own marinara

Chicken Tender Sandwich ..... \$8.50  
our breaded and lightly fried chicken tenders on your choice of a grinder or wrap with any of our build your own sandwich toppings

Kicken' Chicken Club ..... \$8.95  
Breaded chicken tenders on a triple Decker of marble rye toast with lettuce, tomato, mayo and crisp bacon.

## Burgers

Steak B u rger .....	\$5.25
a 6 oz. sirloin steak burger char broiled, topped with lettuce & tomato	
C h eeseB u rger .....	\$5.95
same as above with American cheese	
D ou bleC h eeseB u rger .....	\$7.95
twice as good as a cheese burger	
B B Q B aconC h eddar B u rger .....	\$7.75
our cheeseburger topped with bacon, Vermont cheddar and smokey bbq sauce	

## Delicatessen Build Your Own Sandwich

M eats .....	\$8.25
turkey breast, roast beef, honey baked ham, tuna	
C h eeses	
provolone, cheddar, Swiss, American	
T oppings	
lettuce, tomatoes, red onions, sprouts, peppers, olives, hot peppers, roasted red peppers Add bacon for \$1.50	
B L T .....	\$6.95
crisp bacon piled high on toasted white, with lettuce, tomato, mayo	
T u rkey C l u b .....	\$8.95
a triple decker of turkey breast, crisp bacon, lettuce, tomato, mayo on toasted marble rye	
G rilledC h eese .....	\$3.95
D elu x eG rilledC h eese .....	\$4.95

## Vegetarian

Falafel .....	\$7.25
our own homemade falafel in a tomato wrap with cucumber, lettuce, tomato, sprouts and our own tahini dressing	
VeggieM elt .....	\$6.75
fresh veggies blended with three cheeses in a spinach wrap	
VeggieB u rger .....	\$6.50
a veggie patty topped with cheddar, roasted peppers, and herb mayo on a hard roll.	

H u m m u s w i c h ..... \$7.25  
our homemade hummus wrapped in a spinach wrap with assorted veggies.

G a r d e n B a g e l M e l t ..... \$5.95  
a New York style bagel with fresh spinach, roasted peppers, tomato topped with melted provolone

B a g e l M e l t ..... \$4.95  
a New York style bagel with tomato and melted provolone cheese.

## Salads

G a r d e n S a l a d  
A blend of crisp romaine and mesclun greens. Small 4.95 Large 6.95

C l a s s i c C a e s a r ..... \$6.95  
crisp romaine topped with grated Parmesan and homemade croutons

C h i c k e n C a e s a r ..... \$8.50  
our classic Caesar salad topped with marinated grilled chicken

T u r k e y C h e f ..... \$8.25  
our large garden salad topped with turkey breast and a blend of cheeses

T u n a S a l a d ..... \$8.25  
our large garden salad topped with lightly seasoned tuna salad

F a l a f e l S a l a d ..... \$7.50  
a large garden salad topped with our homemade falafel and our own freshly made tahini dressing

D r e s s i n g s  
bleu cheese, fat free ranch, raspberry vinaigrette, ranch, Caesar, Italian, Lite Italian, Honey Dijon

## Side Orders

F r e n c h F r i e s ..... \$3.50

S p i c y F r i e s ..... \$3.50

F r i e d M o z z a r e l l a S t i c k s  
small (6) \$5.95 large (12) \$8.95

C h i c k e n T e n d e r s  
small (4) \$5.95 large (6) \$8.95

H u m m u s ..... \$4.25  
our own fresh hummus served with pita wedges

V e g g i e P l a t t e r ..... \$6.95  
an assortment of carrots, broccoli, celery, and cucumber with your choice of dressing

M editerranean Sam pler 4oz. cup of hummus, 4 falafel, and pita wedges	
A m erican Sam pler .....	\$8.25
(2) chicken tenders, (3) mozzarella sticks, plus spicy fries	
Sou p .....	\$4.75
C elery & B leu C h eese .....	\$2.95

## Desserts

C ake/P ie .....	\$4.95
C ookie/D ou gh .....	\$1.75
P anda B ar .....	\$1.95
B ig B opper .....	\$2.95

## Drinks

Fou ntain Soda sm. 1.50 med. 1.75 lg. 1.95	
B ottled D rinks 16oz. \$2.10 20oz. \$2.35 Liter \$2.35	
C offee/T ea/H ot C hocolate .....	\$1.60
Iced C offee sm. 1.50 med. 1.75 lg. 1.95	